SRASSC
Sri Ramachandra Arthroscopy & Sports Sciences Centre

Sport Conditioning & Training Course

- First time in India
- Offered by **SRASSC**, India's premier sports sciences centre www.srassc.in
- In collaboration with **eta**, South Africa
- International recognition by **REPs** (Register of Exercise Professionals)
- 6 months course duration
- Part-time, Modular curriculum
- Intense contact hours
- Experienced international faculty
- Placement opportunities in top national sports bodies like SAI, AIFF, BCCI, IOC in India & abroad

eta
leading sport and fitness education

www.srassc.in

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Sri Ramachandra University
1, Ramachandra Nagar
Porur, Chennai
INDIA, 600 116

Phone +91-44 2476 8027 Ext. 8636
Mobile +91 98409 99830
Web www.srassc.in
Email info@srassc.in

www.srassc.in

SRASSC
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Certificate Course in Sport Conditioning & Training

www.srassc.in

Sport Conditioning & Training

Course objective

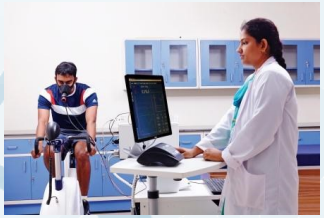
To give you the knowledge and skills to enter the workplace in the sport industry as a specialist sport conditioning trainer. If you combine your qualification with appropriate experience and personal attributes you can target employment prospects nationally and internationally or run your own private practice. This course provides a scientific balance between learning theory and learning through practical experience.

Sri Ramachandra Arthroscopy & Sports Sciences Centre - SRASSC

The first of its kind in India, this sprawling facility has state of the art & sophisticated facilities like High Performance Centre, Indoor Sports Arena, Exercise Physiology Labs to test VO2max, Anaerobic power & Blood Lactate levels, High altitude training chamber, BIODEX Isokinetic Lab, Biomechanics Lab with 3D motion capture, Forceplates & Wireless EMG, Fitness Gym & Indoor Swimming Pool, Practice facilities for Cricket, Football, Tennis etc.

SRASSC has affiliations with leading national and international sports institutions like

- University of Cape Town, South Africa
- Sports Science Institute of South Africa, SSISA
- Board of Control for Cricket in India, BCCI
- Sports Authority of India, SAI
- All India Football Federation, AIFF
- Asian Football Confederation, AFC
- International Cricket Council, ICC



Certificate Course in Sport Conditioning & Training

This course is recognized internationally where the Register for Exercise Professionals operates. REPs operate in Europe, United Kingdom, Australia, New Zealand & South Africa. Your qualification will also be recognized in many other countries because of your providers' (**eta & SRASSC**) good standing globally.

Admission Criteria and requirements

You need to have a Bachelor degree/diploma in Physiotherapy or other Health sciences with good proficiency in English. In addition, fitness related qualifications would be preferable

Learning resources

You will receive a course manual, a study guide & portfolio of evidence (PoE) file. Online learners will have access to web based learning portal

Course Fees

INR 60,000/- (plus taxes as applicable)

INR 7,500/- additionally , if the candidate wishes to use the SRASSC Fitness Centre for the 6 weeks Training Assignment

To Apply

Register through our website www.srassc.in

Or

Mail your particulars with copies of your qualifications including Higher Secondary School Leaving Certificate (12th Standard) to the address overleaf.

Boarding & Hostel facilities available in campus at nominal rates