



ISAK

The International Society  
for the Advancement of  
Kinanthropometry



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## Kinanthropometry

The interface between anatomy and movement

The study of human size, shape, proportion, composition, maturation, and gross function, in order to understand growth, exercise, performance, and nutrition.

A scientific discipline that is concerned with the measurement of individuals in a variety of morphological perspectives, its application to movement and those factors which influence movement such as

- Components of body build
- Body measurements
- Proportions
- Composition
- Shape and maturation
- Motor abilities and Cardio-Respiratory capacities

Physical activity including

- Recreational activity
- Highly specialized Sports Performance

It is a new scientific specialization and a fast emerging discipline drawing tremendous attention in the field of

- Human Biology
- Physical Anthropology
- Sports Medicine
- Sports Science
- Physical Education
- Gerontology
- Ergometry
- Physiotherapy etc.



Sri Ramachandra Arthroscopy & Sports Sciences Centre  
Sri Ramachandra University, Chennai, India

Address for Communication

**Dr. K.A Thiagarajan**  
Dept. of Arthroscopy & Sports Medicine  
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Porur, Chennai – 600116

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Mobile — 94444 15744

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## International Accreditation Course on Kinanthropometry

Level – I

16 – 17 February 2015

Venue

**Sri Ramachandra Arthroscopy &  
Sports Sciences Centre**



Sri Ramachandra University  
Porur, Chennai - 600116

[www.srassc.in](http://www.srassc.in)



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*International  
Accreditation Course on  
Kinanthropometry  
Level 1*

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Kinanthropometry  
Level 1*

**Dear colleagues,**

The Department of Arthroscopy and Sports Medicine invites you for the **International Accreditation Course on Kinanthropometry** on **16 - 17 February 2015** at Sri Ramachandra University, Chennai. The program will consist of theory and practical sessions. The last date for registration is 30th January 2015. Hoping to see you soon

With regards

**Dr. K.A. Thiagarajan**  
Organising Secretary

**ORGANISING COMMITTEE**

**Patron**

**Shri. V.R. Venkataachalam**  
Chancellor  
Sri Ramachandra University

**Organising Chairman**

**Prof. S. Arumugam**  
Professor & HOD  
Dept. of Arthroscopy & Sports Medicine, SRU  
Director - SRASSC

**Organising Secretary**

**Dr. K.A. Thiagarajan**  
Assistant Professor in Sports Medicine, SRU

**Joint Organising Secretary**

**Ms. Shiny Chandran**  
Lecturer in Sports Nutrition, SRU

**Resource Person**

**Dr. Anup Adhikari, Ph.D**

**Exercise Physiologist, Level 4 Anthropometrist &  
Criterion Photoscopic Somatotype Rater (ISAK)**

**Maximum 20 Registrations only**

on first come first served basis

**Dates:** 16 - 17 Feb 2015 (2 days) 9 am - 5 pm

**Venue:** Sri Ramachandra Arthroscopy and Sports  
Sciences Centre, SRASSC  
Sri Ramachandra University  
Porur, Chennai- 600116

**Fees:** **Rs.7,000/-** (Rupees Seven Thousand only)  
(Includes ISAK manual, Anthropometrical programs, ISAK Royalty, Certification fees, Postage charges, instructor fees, & Lunch, Tea with snacks on all days)

*Please bring T-shirt & Shorts / Track pants  
for the practical sessions*

[www.isakonline.com](http://www.isakonline.com)

**REGISTRATION**

Full Name (in Capital letters)

\_\_\_\_\_

Address

\_\_\_\_\_

\_\_\_\_\_ Pin \_\_\_\_\_

Phone \*: \_\_\_\_\_ Mobile \*: \_\_\_\_\_

Email \* :

\* Fields are mandatory

**Payment details :**

D.D. No. \_\_\_\_\_ Dated: \_\_\_\_\_

Bank/Branch \_\_\_\_\_

Signature

Payment to be made in favour of  
**"Arthroscopy Study Group Foundation"**  
payable at Chennai

[www.srassc.in](http://www.srassc.in)